

# TALEGA

THE OFFICIAL PUBLICATION OF THE TALEGA LIFESTYLE CORPORATION  
AND THE TALEGA MAINTENANCE CORPORATION

Today



Splash  
into  
Spring

**DESIGN THE  
STICKER OF THE  
SUMMER!  
P.5**

Photo courtesy of Ryan Laurent

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**General Inquiries, Facility Fobs, and Gate Transponders**

Talega Swim & Athletic Clubhouse (TSAC)  
 On-site Office  
 (949) 361-8466, ext. 1

**Assistant General Manager**

Marley Sansom  
 (949) 361-8466, ext. 106  
 marley.sansom@fsresidential.com

**Lead Facility Coordinator**

Chad Hackworth  
 (949) 361-8466, ext. 100  
 chad.hackworth@fsresidential.com

**Maintenance Manager**

Isaac Galvan  
 (949) 361-8466, ext. 103  
 isaac.galvan@fsresidential.com

**Violations and Enforcement**

Michelle Shields  
 (949) 448-6241  
 michelle.shields@fsresidential.com

**Architectural Applications and Inquiries**

Aidan Lutz  
 (949) 448-6026  
 aidan.lutz@fsresidential.com  
 arc@talegatoday.com

**Community Events, Talega Today Magazine, Facility Rentals & Reservations, and Programs/Clubs**

Marcy Maulorico  
 (949) 361-8466, ext. 102  
 marcy.maulorico@fsresidential.com

**Delinquency Matters**

Bijou Tran  
 (949) 361-8466, ext. 112  
 bijou.tran@fsresidential.com

**Pool Hotline**

(949) 361-8466, ext. 105

**Automobile Safelisting**

14 Nights or Less  
 Patrol One  
 (949) 367-8055  
 www.patrol-one.com

**Automobile Safelisting**

**More than 14 Nights**  
 Michelle Shields  
 (949) 448-6241  
 michelle.shields@fsresidential.com

**After-Hours Emergencies**

(800) 428-5588

**Billing Questions and Customer Care Center**

FirstService Residential  
 (800) 428-5588

**Homeowner Portal/ Court Reserve**

info@talegatoday.com



*a message from the*

# BUDGET AND FINANCE COMMITTEE

During these ever-changing economic times and in light of the most recent bank closures, the Board of Directors, along with the Budget and Finance Committee, would like to be very transparent about how Talega Maintenance Corporation maintains and invests the corporation's operating and reserve funds.

Talega only participates in the following investment tools:

- A. Liquid bank accounts that are FDIC insured;
- B. FDIC insured bank money market accounts or major brokerage firm money market mutual fund accounts that are invested solely in FDIC insured certificates of deposit, U.S. Treasuries, or federal government backed securities, and have an average maturity of 90 days or less;
- C. Certificates of deposit in FDIC insured financial institutions purchased within the FDIC insured limit for any one institution and with the intent to hold to maturity;
- D. U.S. Treasury bills, notes, or bonds, which shall be purchased with the intent to hold to maturity.

For control purposes, a single checking account is used for all monies coming into and out of the corporation. Because this account can vary widely throughout each month from a point right at the usual limits, to a point that is three or four times the FDIC limit, these funds are held in a U.S. Bank checking account that carries surety bonds for all amounts in excess of the FDIC insurance limit.

- A. All investments are purchased in the name of the association.
- B. In accordance with California Civil Code, the signatures of at least two board members are required for withdrawals, uses, or transfers of reserve assets.
- C. Banks and brokerage firms must provide timely and accurate monthly statements to the association's community management firm, who reconciles all statements and acknowledge proper disbursement approvals were verified through its internal control procedures. Such statements and reconciliations are provided to the board for its review in accordance with California Civil Code.

The vast majority of our investments are in FDIC insured and government backed securities. Our only exposure is with our checking account and in the timing of transfers of money between accounts. The Board of Directors, along with the Budget & Finance Committee, work diligently to minimize that exposure.

Sincerely,

**Budget and Finance**

## TALEGA SWIM & ATHLETIC CLUB (TSAC)

100 Calle Altea, San Clemente, CA 92673

(949) 361-8466

7 days a week, 9:00 a.m. – 5:00 p.m.

Weekends closed from  
Noon – 1:00 p.m.

## TMC BOARD OF DIRECTORS

Dennis Kamp, President  
Andrea Ewell, Vice President  
Serge Jonnaert, Vice President  
Taylor Florence, CFO  
Phil Harris, Secretary

## TLC BOARD OF DIRECTORS

Chris Eldridge, President  
Lori Foster, CFO  
Danitza Pulskamp, Secretary  
Corey Taylor, Director  
Jessica Hoogendyk, Director

## CONTACTING THE BOARDS

Talega Maintenance Corporation  
(Community Operations and  
Maintenance)  
board@talegatoday.com

Board of Directors  
Talega Maintenance Corporation  
c/o FirstService Residential  
15241 Laguna Canyon Road  
Irvine, CA 92618

Talega Lifestyle Corporation  
(Community Events and Programs)  
lifestyle@talegatoday.com

Board of Directors  
Talega Lifestyle Corporation  
c/o FirstService Residential  
100 Calle Altea  
San Clemente, CA 92673-6855

## ARCHITECTURAL PLAN SUBMITTAL DEADLINES

Friday, May 5  
Thursday, June 1

## TMC BOARD MEETINGS

6:30 p.m. via Zoom on:  
Tuesday, May 9  
Tuesday, June 13

## QUESTIONS?

Email: info@talegatoday.com

The views and opinions expressed in the articles and advertisements in Talega Today are not necessarily shared by the TLC Board of Directors, FirstService Residential, or the TMC Board of Directors.

# Pool-Use Reminders:

As you gather for a fun-filled day at the pool, remember that each residence is permitted a maximum of five (5) guests per day at the pool facilities. All pools are open for recreational use, although the lap pools are designed for lap swimmers. Please do not hang on the lane lines or swim across in front of lap swimmers.

Flotation devices will continue to be limited to U.S. Coast Guard-approved life preservers (PFDII). A life preserver is defined as a flotation device which is marked "Coast Guard Approved." This is normally a vest style, available in a variety of sizes from infant to adult and may be purchased at many local sporting goods stores for about \$30.

For safety reasons, only the following water toys are permitted at the pool facilities: blow-up beach balls, diving rings and similar diving pool toys, plastic masks, and goggles. Foam noodles are not permitted as pieces of the Styrofoam may break apart and become lodged in the circulation system. This is costly to repair and could result in pool closures while equipment is repaired and/or replaced.

Pool floats or inflatables are a safety issue and are not permitted.

**Red Flag:** Look for the red flag outside of each facility to indicate any pool closures due to unexpected reasons. You may also call the pool closure line at (949) 361-8466, ext. 105, for detailed information about the pools.

## Who Is Watching the Water?

Pool monitors are scheduled at all Talega pools this summer. The primary functions of the pool monitors are to ensure the safety and wellbeing of Talega residents and guests and to enforce the TMC policies. We maintain a **"SWIM AT YOUR OWN RISK"** policy—parents are responsible for watching their children at all times. Summer pool monitor service begins in June and continues through September. Monitors are scheduled during the afternoon hours.

## Successful Prevention: Safety Breaks

Pool monitors will be enforcing safety breaks. A safety break is a designated time for adults and children to use the restroom, get some drinking water, and re-apply sunscreen. Safety breaks also help keep our pools open and accident-free longer. There will be a 10-minute safety break during every hour. Only lap swimmers and swim lessons are exempt from the safety breaks. As a reminder, all children must wear rubber pants over their swim diaper. Rubber pants are provided free to residents. Stop by the TSAC office or talk to a pool monitor to get yours.

## Swim Lessons

The Talega Maintenance Corporation annually approves swim instructors providing swim services within the facilities maintained by the association. Once authorized, swim lessons may be provided to TALEGA MAINTENANCE ASSOCIATION RESIDENTS ONLY and must take place at the Talega Clubhouse Pool. Swim lessons are not authorized at the Saluda or Tierra Grande Pools. Pictures of the authorized, approved swim instructors for 2023 will be posted outside the pool gates. Please report unauthorized instructors to management at [lifestyle@talegatoday.com](mailto:lifestyle@talegatoday.com) or (949) 361-8466.

## Pool Gatherings

A gathering is defined as a planned or scheduled event or party with fellow Talega residents or guests utilizing the Talega facility as an outdoor venue.

As the weather heats up, planning a poolside gathering sounds like the perfect way to have fun in the sun. Pool gatherings are permitted only at the TSAC clubhouse location and requires a completed application.

Pool gatherings can be scheduled Monday through Saturday from 9:00 a.m. to 5:00 p.m. There is a 24-guest maximum. For additional details, a copy of the application or to schedule your gathering, please contact the on-site office at (949) 361-8466 or email [rilee.gallegos@fsresidential.com](mailto:rilee.gallegos@fsresidential.com) or [marcy.maulorico@fsresidential.com](mailto:marcy.maulorico@fsresidential.com).

# Summer Sticker Contest

Hey Talega! Summer is almost here, and we want you to set the tone. We are looking for the best "Summer in Talega" design to put on a sticker for the whole community. This sticker will be distributed at events throughout the year and serve as a lasting memory of our vibrant community. So, get creative and start designing. We can't wait to see what you come up with.

## Rules & Guidelines

1. Design must signify "Life By the Sea."
2. Design must fit a 3" x 5" sticker (circular or square).
3. Entries must come from Talega residents (ALL ages welcome).
4. In your submission you MUST include name, Talega address, contact info, design inspiration.
5. Submissions can be dropped off in-person or emailed to [lifestyle@talegatoday.com](mailto:lifestyle@talegatoday.com) in JPEG format only.

**All submissions required by 4:00 p.m. on June 8, 2023. No exceptions.**

**\*\*Any submission(s) that do not meet all the above requirements will be automatically disqualified. No exceptions will be made as additional time is required to order the stickers.\*\***



## Summer Safelisting

Do you have a family member or friend visiting? Are your kids coming home for the summer? This is a reminder to get your vehicles safelisted if you need to park on the street overnight.

A safelisting profile must be created with your Patrol One Activation Code at [www.patrol-one.com](http://www.patrol-one.com) in order to obtain a safelisting confirmation. If you do not have your activation code or need further assistance, please contact Michelle Shields, Talega's enforcement representative at [michelle.shields@fsresidential](mailto:michelle.shields@fsresidential) or (949) 448-6241 (Mon - Fri).

You may only safelist a vehicle for 14 days in a 30-day window per household.

For extended or annual safelisting, please contact Michelle Shields.

If you live in a sub-association, please contact your sub-association's property management company for their parking rules and parking vendor. Those communities include: Carmel, Trinidad, Gallery, Verano, and Talega Village (Alassio/Santalana).

## Furry Friends in Talega

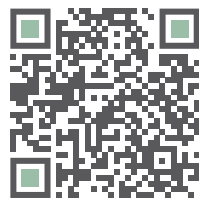
The weather is gorgeous and that is the time we take our furry, family members out for walks around the community.

Just a reminder: Our furry companions must always be kept on a leash in common areas, sidewalks, parks, and trails. Don't forget to take baggies to pick up after your dog; after all, it is the neighborly thing to do.



## WHY SHOULD I SWITCH TO E-STATEMENTS

- 24/7/365 Access
- Get your statement faster
- Reduce carbon footprint
- Reduce risk of paper-based fraud



# OPPORTUNITIES

Community is about togetherness, and what better way to bring the community together than to get involved! We are currently seeking dedicated and passionate homeowners to join our Enforcement Committee, Design Review Committee, and serve as Delegates. Whether you're a seasoned community member or new to the area, we welcome your unique perspective and ideas. We welcome you to learn more about each committee below and consider joining us in building a stronger, more vibrant community!

## **Budget & Finance Committee**

The Budget & Finance Committee serves to advise the TMC Board of Directors in developing and monitoring the annual budget. Closely monitoring market trends, they aid in creating fiscally sound plans that reflect the priorities of the TMC Board.

## **Delegate Committee** *Currently seeking five (5) volunteers!*

The Delegate Committee is an extension of TMC right in your neighborhood. Delegates distribute information to their neighborhoods on behalf of TMC and serve as a liaison between the community and TMC.

## **Design & Review Committee** *Currently seeking one (1) volunteer!*

The Design & Review Committee overlook homeowner-submitted architectural revisions. Following the Architectural Guidelines, the committee supports the Board of Directors in maintaining an aesthetically harmonious community.

## **Enforcement Committee** *Currently seeking two (2) volunteers!*

The Enforcement Committee reviews homeowner violations and provides guidance to the Board of Directors in homeowner hearings in accordance with TMC's Covenants, Conditions & Restrictions. If you are interested in joining, please reach out to michelle.shields@fsresidential.com.

## **Event Committee**

The Event Committee gathers input and feedback from residents regarding community events. The committee provides recommendations to the TLC Board of Directors for betterment of community events and lifestyle.

## **Landscape Committee**

The Landscape Committee assists the TMC Board of Directors in preserving and enhancing the physical landscape in the community. The committee also aids in ensuring consistent maintenance of all landscaping. Visit <https://talega.today/volunteers/> for more information.

# Are you the next


## Talega Neighborhood Delegate?

Talega has nearly 11,000 residents spread across 37 unique neighborhoods. We want every member to be properly represented which is why we have Neighborhood Delegates to assist with the governance of this large, master-planned community.

If you . . .

- Care about your community and want to make a meaningful contribution
- Are actively engaged with your neighbors, observant, respectful, and a good listener
- Can be a positive voice for the community, relay perspectives on matters that are relevant to the membership, and solicit feedback when requested by TMC or its Board of Directors

We would like you to consider becoming a Neighborhood Delegate!

\*  Represents a neighborhood that still needs a delegate

### Your commitment?

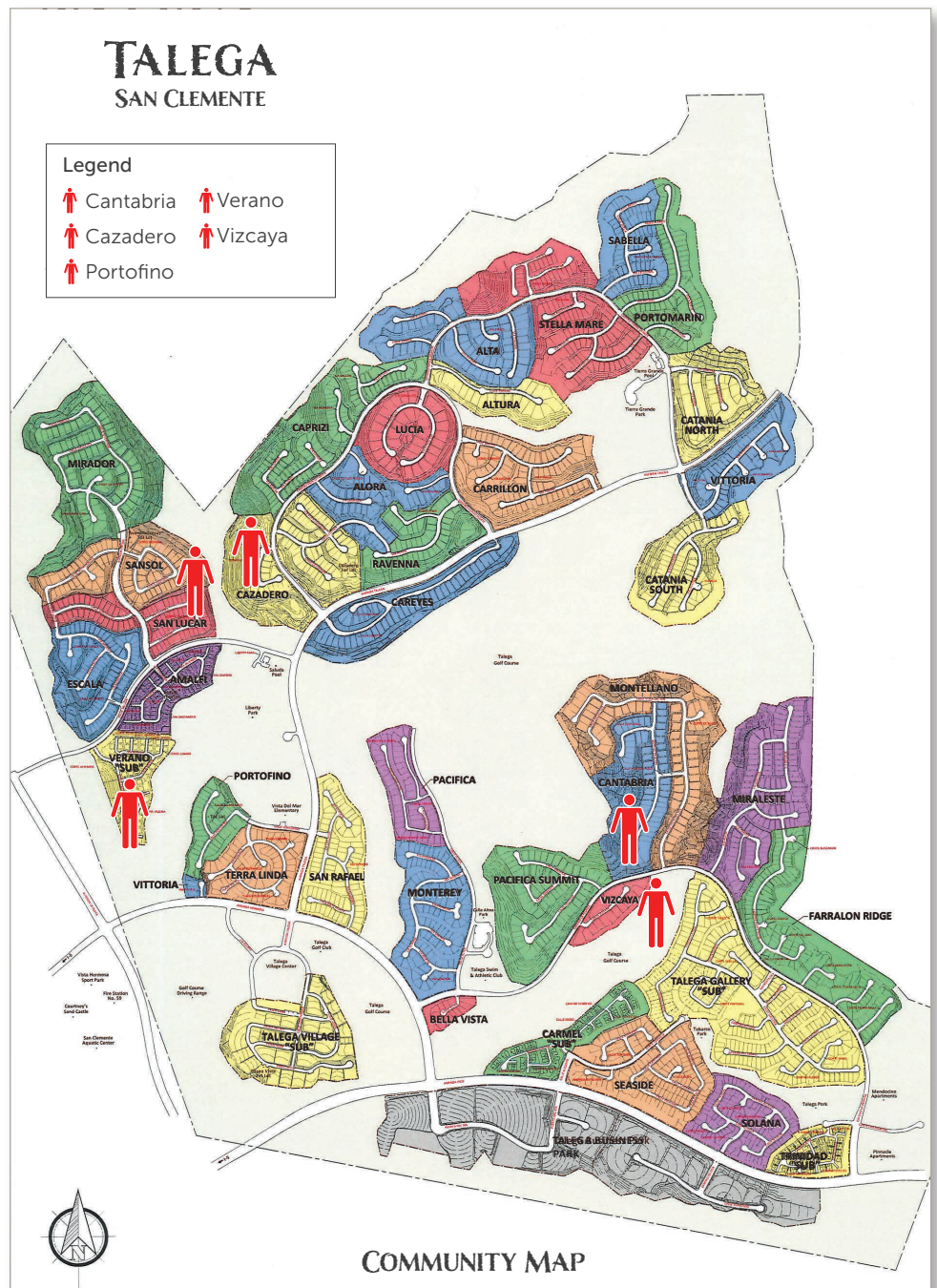
- Attend 4 to 6 Neighborhood Delegate meetings a year (at TSAC or virtual)
- Keep a pulse on your neighborhood, report issues, feedback, and suggestions as deemed appropriate
- Proactively keep your neighbors informed on major issues that affect both your neighborhood and Talega
- Represent your neighborhood constituents during the Election of Directors at the Annual Meeting, as well as validate counts and homeowner proxies, and cast proxy ballots when requested to do so by a neighbor

### Requirements?

- You must be a Talega homeowner
- You must be approved by the Talega Board of Directors

### What's in it for you?

- The respect and gratitude earned for your contribution to our community
- Special guest speakers
- The opportunity to engage with your neighbors beyond just a casual, "Hello"
- The opportunity to better understand all of the operational and governance aspects of our great community, including better visibility to the City of San Clemente
- Dinner provided at the delegate meetings
- Priority reservations for Talega's big events
- New Delegate Meet-n-Greet Block Party





# Architectural / Beautification

Spring in Talega will not only see a resurgence of greenery, but also a resurgence of detailed care to our homes. As we welcome the arrival of this new season, we have an opportunity to renew the commitment of maintaining our homes with the utmost care and attention to detail. Just as the season brings new growth and vitality to our surroundings, let's strive to ensure that our community shines with pride and a sense of shared responsibility.

As we launch the Community Beautification Project, we are looking to harmonize community aesthetics and elevate the exterior of our homes. While there are various ways to achieve this goal, we are placing particular emphasis on aspects such as exterior paint, landscaping (including parkway trees, lawns, bushes, etc.), and decorative features.

If you are finding that your home could use a refresh, there are many resources available to help guide you through the process. A quick review of our Architectural Guidelines will provide you with a wealth of information regarding what you may and may not do to the exterior presence of your home.

Additionally, the new, fully-electronic architectural modification submittal process has made it easier than ever to submit your architectural modification requests from the comfort of your own home. The Homeowner Portal is your comprehensive resource for everything related to maintaining and upgrading your home. From the Architectural Guidelines to the online submission process, forms, plant palettes, and more, it's your one-stop shop for all the information and tools you need to maintain and enhance your home.

We are constantly striving to simplify the architectural modification process and will be introducing enhancements to the process soon. Keep an eye out for these improvements and see just how easy it can be to upgrade your home!

Please scan the QR codes below to learn more about the Community Beautification Project and our improved architectural modification submittal process.



Architectural  
Modification  
Process

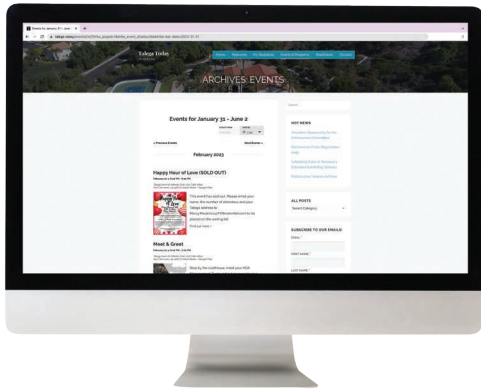


Community  
Beautification

*Spring in Talega*



# How to Register for Events



Moving into 2023, event registration will be primarily online, unless noted otherwise (refer to event flyer). Registration links will be available in biweekly e-blasts and on the community website, TalegaToday.com under the "Events & Programs" tab. TLC highly suggests registering for e-blasts. They are the best way to keep up-to-date with event information.

Please review some key information about registering for events:

- Pre-registration is required for all events.\*
- Registration typically goes live 4 to 5 weeks prior to the event at 10:00 a.m. PST.\*\*
- Carefully read all question prompts when registering.
- There is a two- (2) adult maximum per household, per event.\*\*\*
- Events are exclusively for Talega residents. Any individual registered to attend must reside within the community. Visitors from out-of-town are unable to attend Talega events. You may only register your household.
- Increasing headcounts after the event has sold out or on the same day of the event is not permitted and will not be accommodated.
- The Cancellation Policy remains in effect for all events, with and without registration charges.

Should you have any questions, please contact Events Manager Marcy Maulorico at (949) 361-8466, ext. 102.

\* *With the exclusion of Summer Concerts. See event flyers for more details.*

\*\* *Registration links will not allow you to make any selections until 10:00 a.m. PST. Links are typically available on the website 10 minutes prior to going LIVE.*

\*\*\* *TLC understands some households have more than two (2) adults who would like to attend events. Pre-approval is required by verification of photo ID with Talega address before registering them. It is highly recommended before registration goes live. No approval will get additional registration cancelled automatically. If this is you, please contact Events Manager Marcy Maulorico for further direction prior to registering.*

## Events Cancellation Policy

Due to an increase in no-shows and last-minute cancellations, we have revised our event cancellation policy.

TLC understands that unforeseen circumstances may arise. We ask that those who can cancel in a timely manner, please do so. Events are carefully planned and all registrants are accounted and paid for.

Failing to notify of cancellation in a timely manner compromises events. Our wait lists fill quickly, and it is difficult to notify those on the wait list on the same day of the event. Help management help you and your neighbors.

### The new policy is as follows:

- Talega Lifestyle Events are for Talega residents only. Guests and family cannot be accommodated.
- Adult events are limited to two (2) adults per household. Additional adult(s) residing in the household require prior approval and verification of Talega residency 48 hours before registering for an event.
- All cancellations must be emailed to [marcy.maulorico@fsresidential.com](mailto:marcy.maulorico@fsresidential.com).
- Cancellations received 14 days or more prior to the event (by 5:00 p.m. on the 14th day) will receive a full refund.
- Cancellations received less than 14 days prior to the event or no-show will not be refunded.
- Cancellations received 48 hours prior to the event will be considered a violation. A notice reminding you of the cancellation policy will be sent to your residency.
- Registering and failing to attend will be considered a violation and will result in a charge equaling the actual unsubsidized cost of attendance per person.
- Upon your third offense, you may be denied registration for one or more future events.
- No balance or ticket transfers will be accommodated.





# Talega



## Middle School Madness

Date: Saturday, May 6  
 Time: 3:00 p.m. – 6:00 p.m.  
 Location: Calle Altea park  
 Registration: Friday, March 31, at 10:00 a.m. online



Scan the QR code to visit the website



## Schools Out Pool Party

Date: Friday, June 2  
 Time: 1:00 p.m. – 4:00 p.m. (no early arrivals)  
 Location: TSAC Recreation Pool  
 Registration: Friday, May 5, at 10:00 a.m. online



Scan the QR code to follow us on Instagram



## Popsicle Fridays

Date(s): June 16, June 30, July 14, July 28, and August 4  
 Time: 2:30 p.m. – 3:30 p.m.  
 Registration: No registration required



Scan the QR code to signup for email blast



## Summer Luau

Date: Saturday, August 12  
 Time: 5:00 p.m. – 8:00 p.m.  
 Location: TSAC Recreational Pool  
 Cost: \$10 per adult and \$5 per child (ages 17 and under)  
 Registration: Friday, July 7, at 10:00 a.m. online



# Events

## Graduation Spotlight

All submissions required by 4:00 p.m. on May 22

To be featured in our July/August newsletter, please submit:

- Photo (headshot preferred)
- Your first and last name
- Where you are headed (include: university name, specific branch, name of trade/school, etc.)
- Additional fun facts, extracurricular, or anything else you are proud of!



## Family Fun Day

Date: Saturday, June 24

Time: 2:00 p.m. – 5:00 p.m.

Location: Calle Altea Park

Cost: \$20 per family (2 adults and children ages 17 and under)

\*This event is for immediate family members ONLY.

They must reside in Talega.\*

Registration: Friday, May 19, at 10:00 a.m. online

You may only register for your household.



## Ms. Debbie's Ice Cream Truck

Date(s): June 17, July 1, July 15, and August 5

Time: Noon – 3:00 p.m.

Location: Listen closely! Ms. Debbie will be driving through every neighborhood in Talega.

Registration: No registration required.



## Hollywood Glam (Wine-N-Cheese)

Date: Saturday, September 23

Time: 6:00 p.m. – 9:00 p.m.

Location: Talega Swim & Athletic Club

Cost: \$20 per person

Registration: Friday, August 25, at 10:00 a.m. online

\*This event is for Talega residents ONLY. Must be 21+ years to participate.

See flyer at [TalegaToday.com/events](http://TalegaToday.com/events) for details.\*



# Summer CONCERT

**Location: Calle Altea Park**

**Time: 6:00 p.m. – 8:00 p.m.**

**No registration required.**

Reserve a spot at the park with a blanket or chairs no earlier than 4:00 p.m. the day of the concert. Deliveries need room to move around for set-up.

Sorry, no pets, vaping, or smoking permitted. Umbrellas or EZ-ups are only allowed along the perimeter of the park where they will not block the view of others.

\*This event is for Talega Residents ONLY. See flyer at [TalegaToday.com/events](http://TalegaToday.com/events) for details.\*



## July 8 REFLEXX

Performs the greatest hits of classic alternative. Their setlist ranges from the megahits of Depeche Mode, Tears for Fears, Duran Duran, The Cure, and so many more.



## July 22 EAGLES EXPERIENCE

They reflect the Eagles during their heyday in the late 1970s. Bringing the most authentic tribute show to the Eagles available today.



## August 26 KELLY BOYZ BAND

The Kelly Boyz are a high energy, fun country rock band that bring original sound and energy to every event.



## September 9 ZIPPERS

7-piece band with an enormous song list from every era including latest hits. The highly experienced group is one of the best Rock/Show/Dance bands you will see.

## TALEGA RUN CLUB

Jennifer Bright, (949) 441-1189  
talegarunclub@gmail.com

Join your local, family-friendly Talega Run Club every Saturday at 8:00 a.m. at Peet's Coffee in Talega.

Meet other new and avid runners for a 3- to 5-mile loop. All speeds and running levels are welcome and the club is always FREE to join. Drop in for an occasional group run or become a regular!

Photos from each weekend are posted on Facebook, Instagram @talegarunclub, and Strava, so join and follow us. Email your questions to talegarunclub@gmail.com.



## HANG LOOSE

Kat Partma, (949) 538-6588  
kathypartma@aol.com

Hang Loose is a walking and social group for mature women. We welcome new faces. Come "walk and talk" with us and HANG LOOSE.

Every Monday and Wednesday at 9:00 a.m.

Local meeting locations vary. Please call or email for current schedule.



## TALEGA BOOK CLUB

Sue Cody, (949) 939-9720  
jlcody@cox.net

Viv Shaw, (951) 313-1342  
vtsteach@cox.net

The Talega Book Club meets on the third Tuesday of the month at 4:00 p.m. at TSAC Clubhouse fireplace room.

Please contact Sue Cody or Viv Shaw for upcoming book selections and additional information. Everyone is welcome!



## STRETCH. CORE. BALANCE.

Stacy Agosto, Instructor RYT-200  
 (949) 632-1176  
[talegayoga@gmail.com](mailto:talegayoga@gmail.com)  
[www.talegayoga.com](http://www.talegayoga.com)

This class is designed to strengthen muscles and core while improving endurance and flexibility. We will combine yoga poses with the use of an exercise ball and Yoga TuneUp balls. The exercise ball will help strengthen the core, lower back, and balance. The Yoga TuneUp balls will be used to relax the muscles and increase circulation. Students will learn techniques to improve posture, strengthen core, and relax.

Thursdays at 9:45 a.m.  
 May 11, 18, and 25  
 June 7, 14, 21, and 28  
 \$120 for all classes  
 RSVP for class via email or text  
 (5-student minimum; payment is due before session begins)  
 Items to bring: Yoga mat and strap,  
 2 blocks,  
 2 Yoga TuneUp balls (or handballs),  
 and a 10" exercise ball



## SINGERS COMPANY

Erika Johnson, (949) 444-5239  
[erika@singerscompany.com](mailto:erika@singerscompany.com)  
[www.talega.singerscompany.com](http://www.talega.singerscompany.com)

There will be no classes during the summer.



## VOLLEYBALL SKILLS CLINIC

Ali Loper  
 (310) 984-9584  
[aliloper12@gmail.com](mailto:aliloper12@gmail.com)

### GROUP AND PRIVATE CLINICS

Join the fun and learn or improve your volleyball skills. Clinics are held at the sand court at TSAC. Fees are paid at the beginning of the month. During summer months, class times may change. Contact instructor directly to verify.

Mondays, 4:00 p.m. – 5:00 p.m.  
 (Middle school age)

Wednesdays, 4:00 p.m. – 5:00 p.m.  
 (Elementary age)

## NEW CLUB PILATES MAT CLASS

Kaitlyn Hurley  
 (949) 438-7443  
[sanclemente@clubpilates.com](mailto:sanclemente@clubpilates.com)  
 1st and 3rd Wednesday of every month at 9:30 a.m.  
 Cost: \$10 per class

Introducing Mat Pilates with Club Pilates San Clemente. Join Club Pilates' comprehensively-certified instructors, Becky, Kaitlyn, and Sam for a bi-monthly mat class. Mat Pilates is a strengthening and lengthening form of exercise that focuses on your core muscles while also training your entire body. Mat Pilates is based on the original exercises Joseph Pilates developed to strengthen his own body and then used to rehabilitate wounded soldiers in WW1. This class will teach you the core principles of pilates while guiding you through a 50-minute, full body workout. Contact the studio via phone or email to sign up.

### Benefits of Pilates:

- » Increased energy
- » Increased core strength
- » Better balance
- » Increased joint mobility
- » Decreased back pain



*Please note: All attendees of any sports, activities must be a Talega resident.*



# TALEGA TIGER SHARKS

Mary McLaughlin, Coach  
 (949) 293-5772  
 swimtalega@gmail.com

Join the fun and improve your swimming skills with these swim classes that are available for all ages and abilities. Group and private swim instructions are available.

Stop by the pool or visit us on Facebook to book a class or lesson that meets your swimming goals.

This is the perfect class to prepare for Jr. Guards, surf camp, and summer swim team. Participants must be able to swim independently. Designed to increase overall fitness and confidence in the water.

Registration and fees are taken in-person on the first day of class.

## SUMMER SWIM PROGRAM

June 5 – July 27

Summer Swim Team: 8:00 a.m. – 10:00 a.m. (1 hour based on age)

Summer Swim Camp: 10:15 a.m. – 11:00 a.m.

Registration will take place on the following dates from 3:30 p.m. to 5:30 p.m. at the Saluda Pool:

May 8, 9, 10, 15, and 16

All programs are held Monday through Thursday at Saluda Pool (above Liberty Park). Please contact Coach Mary McLaughlin at (949) 293-5772 or swimtalega@gmail.com.

For updates, follow us on Instagram @TalegaTigersharks and we will see you at the pool.



*Please note: If you have inquiries for registrations, class schedules, costs, etc., that go beyond what is listed for that specific program, please contact the instructor directly.*

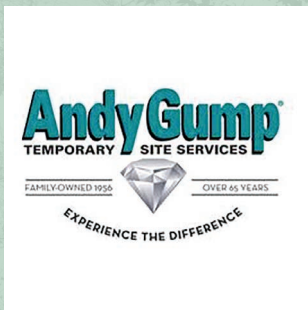
**TLC**  
TALEGA LIFESTYLE CORPORATION

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100 CALLE ALTEA  
SAN CLEMENTE, CA 92673



THANK YOU TO ALL OUR VENDORS AND VOLUNTEERS WHO MAKE TALEGA LIFESTYLE CORPORATION'S EVENTS POSSIBLE!



Thank You