

# TALEGA

JUNE / JULY  
2023

THE OFFICIAL PUBLICATION OF THE TALEGA LIFESTYLE CORPORATION  
AND THE TALEGA MAINTENANCE CORPORATION

# Today



# Summer Events in Talega

**ELECTION  
TIME!  
P.4**

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**General Inquiries, Facility Fobs, and Gate Transponders**

Talega Swim & Athletic Clubhouse (TSAC)  
 On-site Office  
 (949) 361-8466, ext. 1

**Assistant General Manager**

Marley Sansom  
 (949) 361-8466, ext. 106  
 marley.sansom@fsresidential.com

**Lead Facility Coordinator**

Chad Hackworth  
 (949) 361-8466, ext. 100  
 chad.hackworth@fsresidential.com

**Maintenance Manager**

Isaac Galvan  
 (949) 361-8466, ext. 103  
 isaac.galvan@fsresidential.com

**Violations and Enforcement**

Michelle Shields  
 (949) 448-6241  
 michelle.shields@fsresidential.com

**Architectural Applications and Inquiries**

Aidan Lutz  
 (949) 448-6026  
 aidan.lutz@fsresidential.com  
 arc@talegatoday.com

**Community Events, Talega Today Magazine, Facility Rentals & Reservations, and Programs/Clubs**

Marcy Maulorico  
 (949) 361-8466, ext. 102  
 marcy.maulorico@fsresidential.com

**Delinquency Matters**

Bijou Tran  
 (949) 361-8466, ext. 112  
 bijou.tran@fsresidential.com

**Pool Hotline**

(949) 361-8466, ext. 105

**Automobile Safelisting**

14 Nights or Less  
 Patrol One  
 (949) 367-8055  
 www.patrol-one.com

**Automobile Safelisting More than 14 Nights**

Michelle Shields  
 (949) 448-6241  
 michelle.shields@fsresidential.com

**After-Hours Emergencies (800) 428-5588**

**Billing Questions and Customer Care Center**

FirstService Residential  
 (800) 428-5588

**Homeowner Portal/Court Reserve**

info@talegatoday.com

# Management MATTERS

One of the best sources of input and information required to effectively manage the community of Talega comes directly from the membership. This information is so important that management and staff need to hear it directly from you.

I occasionally hear from members who tell me that they informed the landscapers of an issue, yet the issue, still persists. I always respond with the following: Did you report this issue to Talega management and/or staff? This is because the landscape maintenance is divided into several teams with specific skillsets to deal with the following landscape elements: minor tree pruning, major tree trimming, irrigation, trimming, weeding, and planting projects. They are hardworking individuals that do only what they are trained to do. They do not carry pens and note pads to take member input and only report major issues to their supervisors, who in turn report the issues to the Landscape Management Team.

The most effective method to have an issue resolved is to report it directly to management and staff at the Talega Swim & Athletic Club. We use a detailed work order database that enables the Talega team to provide the proper direction to the proper maintenance personnel, and then track the issue to solution while providing feedback to the interested members.

The Talega team needs to hear directly from the members because we do not want to lose any important information in the communication chain (eliminate the middle man). Additionally, our team members are likely to have a few questions for the member reporting the issue that will better enable the maintenance crew to quickly and effectively resolve the issue.

Please remember when contacting the Talega team to give us the following pertinent information:

Your name, address, telephone number, email address (optional), issue (be as specific as possible), location of the issue, and anything else you feel is important and germane to the issue.

Management and staff contact information is located in the inside front cover of every TalegaToday newsletter and can also be found on [www.talegatoday.com](http://www.talegatoday.com). When in doubt, call the Talega Swim & Athletic Club at (949) 361-8466 or email [maintenance@talegatoday.com](mailto:maintenance@talegatoday.com). If you feel the matter is a property- threatening emergency, call (800) 428-5588 and follow the instructions.

Sincerely,

*Brian Taylor*  
Executive Director



## TALEGA SWIM & ATHLETIC CLUB (TSAC)

100 Calle Altea, San Clemente, CA 92673  
(949) 361-8466

7 days a week, 9:00 a.m. – 5:00 p.m.  
Weekends closed from  
Noon – 1:00 p.m.

## TMC BOARD OF DIRECTORS

Dennis Kamp, President  
Andrea Ewell, Vice President  
Serge Jonnaert, Vice President  
Phil Harris, Secretary  
Taylor Florence, CFO

## TLC BOARD OF DIRECTORS

Chris Eldridge, President  
Danitza Pulskamp, Secretary  
Corey Taylor, Vice President  
Lori Foster, CFO  
Jessica Hoogendyk, Director

## CONTACTING THE BOARDS

Talega Maintenance Corporation  
(Community Operations and  
Maintenance)  
[board@talegatoday.com](mailto:board@talegatoday.com)

Board of Directors  
Talega Maintenance Corporation  
c/o FirstService Residential  
15241 Laguna Canyon Road  
Irvine, CA 92618

Talega Lifestyle Corporation  
(Community Events and Programs)  
[lifestyle@talegatoday.com](mailto:lifestyle@talegatoday.com)

Board of Directors  
Talega Lifestyle Corporation  
c/o FirstService Residential  
100 Calle Altea  
San Clemente, CA 92673-6855

## ARCHITECTURAL PLAN SUBMITTAL DEADLINES

Friday, July 7  
Friday, August 4

## TMC BOARD MEETINGS

6:30 p.m. on:  
Tuesday, July 11  
Tuesday, August 8

## QUESTIONS?

Email: [info@talegatoday.com](mailto:info@talegatoday.com)

The views and opinions expressed in the articles and advertisements in Talega Today are not necessarily shared by the TLC Board of Directors, FirstService Residential, or the TMC Board of Directors.

# Election

## Talega Maintenance Corporation Director Election - November 14, 2023

The Talega Maintenance Corporation (TMC) Election will be held on Tuesday, November 14, 2023, to elect two (2) members to the TMC Board of Directors for a three- (3) year term. The Board of Directors is comprised of representatives elected by the membership (homeowners). The Board of Director's role is to supervise the properties of the corporation, approve and oversee budgets, and make decisions which strive for the betterment of the corporation in accordance with the legal documents.

### How Does the TMC Election Process Work?

A neighborhood delegate system was set in place to assist in achieving quorum for the election. The requirement for quorum is 25% of the voting power of the corporation. State law requires a ballot with a two-envelope system. It is important for members to complete and mail in their ballot in the envelopes provided. There will be a Meet the Candidates Night at the Delegate Meeting on Wednesday, October 18, 2023, and the votes will be counted immediately following the Annual Meeting/Election on Tuesday, November 14, 2023. An election notice and ballot will be sent to all homeowners in advance of the Annual Meeting. We strongly encourage your active participation in this election.

### Call for Inspectors of Election Volunteer Assistants

Are you interested in exploring volunteer opportunities as a means of giving back to the community? If so, we encourage you to support the election process by assisting the Inspector of Election with the important task of counting ballots. Please note that volunteers must not be members of the Board of Directors, candidates running for the Board of Directors, or related to a member of the Board of Directors. Your contribution as a volunteer will greatly support the smooth and efficient operation of the election process.

### How to Apply

If you are interested in running for a position on the Board of Directors or volunteering to assist the Inspector of Election with counting ballots for the upcoming election in November, please complete the Board of Directors Candidacy Statement or the Election Volunteer Form, which can both be found at [talegatoday.com/documents](https://talegatoday.com/documents) or by scanning the QR code below.

All forms must be submitted and received by **5:00 p.m. on Tuesday, September 5, 2023**, for your application to be considered. The Board of Directors would like to express their gratitude in advance to those members who are willing to volunteer their time to support the procedures for the upcoming election.

Please submit your application either by email to [bijou.tran@fsresidential.com](mailto:bijou.tran@fsresidential.com) or by mail to the following address:

### Talega Maintenance Corporation

Attn: Brian Taylor / Bijou Tran  
100 Calle Altea  
San Clemente, CA 92673

Should you have any questions regarding the election process, please contact Brian Taylor, Executive Director, at [brian.taylor@fsresidential.com](mailto:brian.taylor@fsresidential.com) or call (949) 361-8466 ext. 104 or Bijou Tran, Senior Project Coordinator, at [bijou.tran@fsresidential.com](mailto:bijou.tran@fsresidential.com) or call (949) 361-8466 ext. 112



Scan the QR code to  
apply for a position

# GRADUATION SPOTLIGHT



**Ava Bandura**

Attending Syracuse University  
Graduated from Santa Margarita Catholic School



**Braydan Berry**

Attending Arkansas State University to studying in Political Science and play D1 Rugby



**Tiki Burnes**

Attending San Diego State University  
Graduated with honor's from San Juan Hills High School



**Luca Fligiel**

Pursuing a career as a Firefighter.  
Plans to transfer this fall to Santa Ana college



**Ryan Flowers**

Attending San Diego State University  
Graduated from San Juan Hills School



**Sophia Piantka**

Attending San Diego State  
Graduated with honors from San Clemente High



**Lindsey Snyder**

Graduating from University of California, Irvine with a Bachelor of Science in Biological Sciences



**Peighton Unger**

Attending University of Arizona

*Congrats!*



# Talega

Event details online, and more



### Paint and Sip

Date: Wednesday, July 26  
Time: 5:30 p.m. – 8:00 p.m.  
Location: TSAC Clubhouse  
Registration: Friday, June 23, at 10:00 a.m.  
\$20 per person. Due to new event, space is limited.



### Block Parties

Did you know that every community (Lucia, Pacifica, Seaside, etc.) can host 4 block parties in a calendar year? TLC can provide up to a \$400 reimbursement to assist with cost. Gather the neighbors together, new and old, and get to know one another.

Visit TalegaToday.com to review the guidelines and complete your pre-party application.



### Ms. Debbie's Ice Cream Truck

Date(s): June 17, July 1, July 8, July 15, August 5, and August 12  
Time: Noon – 3:00 p.m.  
Location: Listen closely. Ms. Debbie will be driving through every neighborhood in Talega. Staff will not be providing location. It's a mystery.  
Registration: No registration required.



### Summer Luau

Date: Saturday, August 12  
Time: 5:00 p.m. – 8:00 p.m.  
Location: TSAC Recreational Pool  
Cost: \$10 per adult and \$5 per child (ages 17 and under).  
Registration: Friday, July 7, at 10:00 a.m. online.  
**Tickets are per person.**



Scan the QR code to visit the website



Scan the QR code to follow us on Instagram



Scan the QR code to sign up for email blasts



# Events

on community website, all registration is only must be a Talega resident to attend.

## Hollywood Glam (Wine-N-Cheese)

Date: Saturday, September 23

Time: 6:00 p.m. – 9:00 p.m.

Location: Talega Swim & Athletic Club

Cost: \$20 per person

Registration: Friday, August 25, at 10:00 a.m. online.

\*This event is for Talega residents ONLY. Must be 21+ years to participate.

See flyer at [TalegaToday.com/events](http://TalegaToday.com/events) for details.\*



## Fall Garage Sale

Date: Saturday, October 7

Time: 8:00 a.m. – Noon

Register to participate starting Friday, September 1



## Middle School Glow

Date: Friday, October 13

Time: 6:00 p.m. – 8:30 p.m.

Location: TSAC Recreational Pool

Registration: Friday, September 8, at 10:00 a.m.



## Movie in the Park: Hotel Transylvania

Date: Saturday, October 7

Time: 6:30 p.m. – 7:00 p.m.

Location: Calle Altea Park

Registration: Friday, September 8, at 10:00 a.m. online.



## Harvest/Oktoberfest

Date: Saturday, October 21

Time: 1:00 p.m. – 4:00 p.m.

Location: TSAC Facility

Registration: Friday, September 15, at 10:00 a.m.

Cost: \$10 per adult and \$5 per child (17 and under) – tickets are per person.



# Summer CONCERTS

**Location: Calle Altea Park**

**Time: 6:00 p.m. – 8:00 p.m.**

**No registration required.**

Reserve a spot at the park with a blanket or chairs no earlier than **4:00 p.m. the day of the concert**. Deliveries need room to move around for set-up.

Sorry, no pets, vaping, or smoking permitted. Umbrellas or EZ-ups are only allowed along the perimeter of the park where they will not block the view of others.

Ballpark will be present. Pre order no later than the day before or purchase on location items available.



## July 8 REFLEXX

Performs the greatest hits of classic alternative. Their setlist ranges from the megahits of Depeche Mode, Tears for Fears, Duran Duran, The Cure, and so many more.



## July 22 EAGLES EXPERIENCE

They reflect the Eagles during their heyday in the late 1970s, bringing the most authentic tribute show to the Eagles available today.



## August 26 KELLY BOYZ BAND

The Kelly Boyz are a high energy, fun country rock band that bring original sound and energy to every event.



## September 9 ZIPPERS

7-piece band with an enormous song list from every era including latest hits. The highly experienced group is one of the best Rock/Show/Dance bands you will see.





## Summer Parking

Do you have a family member or friend visiting? Are your kids coming home for the summer? This is a reminder to get your vehicles safelisted if you need to park on the street overnight.

A safelisting profile must be created with your Patrol One Activation Code at [www.patrol-one.com](http://www.patrol-one.com) in order to obtain a safelisting confirmation. If you do not have your activation code or need further assistance, please contact Michelle Shields, Talega’s enforcement representative, at [michelle.shields@fsresidential](mailto:michelle.shields@fsresidential) or (949) 448-6241 (Monday - Friday).

You may only safelist a vehicle for 14 days in a 30-day window per household.

For extended or annual safelisting, please contact Michelle Shields.

If you live in a sub-association, please contact your sub-association’s property management company for their parking rules and parking vendor. Those communities include: Carmel, Trinidad, Gallery, Verano, and Talega Village (Alassio/Santalana).

## Talega Help Emails

Have questions about something in Talega? We have dedicated email addresses for all things Talega. Whether you have questions about maintenance, parking, architecture, etc., there is an email for it. Navigate to the community website, [TalegaToday.com](http://TalegaToday.com), hover over the “Contact” tab, and then select “Contact Us.” Here you will find six (6) separate emails that cater to individual needs. Save yourself the time and hassle and shoot us an email, we will get back to you within 48 hours. Do not forget to include your name, street address, and a phone number, if this is your preferred method of contact, and we will work diligently to find a solution for you.



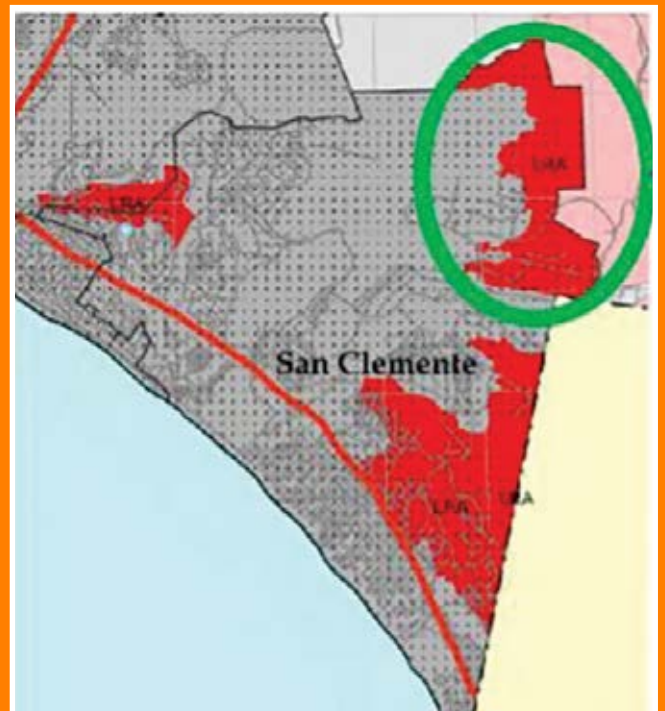
## FIREWORKS IN TALEGA

4<sup>th</sup> of July is rapidly approaching. In the spirit of keeping it safe and sane for everyone, we thought we would remind all Talegans that **all fireworks are 100% illegal** for the public to sell, purchase, and set off in San Clemente. Dangerous fireworks include: rockets, sparklers, torpedoes, roman candles, firecrackers, and more. Fireworks that shoot up in the air, explode in the sky, and create a loud boom pose a threat to Talega because they spread hot material including cinders and ash. You live in a **Very High Fire Hazard Severity Zone**.

You can anonymously report the use of illegal or dangerous firework use by calling (714) 538-3501.

Orange County Fire Authority  
(714) 573-6200 | [ocfa.org](http://ocfa.org)

Orange County Sheriff’s Department  
(949) 770-6011 | [ocsherrif.gov](http://ocsherrif.gov)





## Architectural Submittals Final Step

Talega has undergone a remarkable transformation, with countless changes that have resulted in a surge in property values. As homeowners put the finishing touches on their home improvements, the excitement only continues to grow.

But hold on, just because your proposal has been approved, that does not mean the HOA process is over yet. After completing your project, it is crucial to submit your Notice of Completion with photos to the Design Review Committee. This final step allows the DRC to review your improvements, ensuring that they align with your approved plans and any conditions set in your approval letter. This is the perfect opportunity to show off your hard work and celebrate your success. And, there's more. If you submit your Notice of Completion, you could win a chance to have your home improvements featured in the next issue of the Talega Today magazine. Just imagine how amazing it would be to showcase your beautiful renovations to your neighbors and friends.

Don't wait any longer, find the NOC form on your Portal under "Documents" within the dashboard and send it over to [ARC@talegatoday.com](mailto:ARC@talegatoday.com) or to the Design Review Coordinator, Aidan Lutz, at [aidan.lutz@fsresidential.com](mailto:aidan.lutz@fsresidential.com). Your stunning home improvements could be the talk of the town.

## Driving in Talega

"Everyone needs to slow down," is a comment we hear repeatedly in our interactions throughout Talega. Residents are more likely to speed in our own neighborhoods because we are comfortable in the known surroundings and become desensitized to the possible tragedies that can appear in a millisecond, changing lives forever.

We all live busy lives with busy schedules full of have-to-dos. But let's leave the hustle and bustle on Avenidas Pico and La Pata and slow down as we enter the wonderful respite we know as Talega.

The distance from the furthest point in Talega to the Hermosa/Talega intersection is a mere 2-<sup>1</sup>/<sub>4</sub> miles and can generally be driven without speeding in 5 minutes. Speeding, one might make it in 3 minutes. Two minutes is a very small inconvenience for doing something that just could save a life.

Attitude is everything when it comes to driving safely. Our driving decisions are impaired if we are in a hurry, tired, angry, inexperienced, etc. Let us all slow down a little and enjoy the peace and tranquility of Talega.





# New Online Paint Process

Talega Maintenance Corporation is dedicated to maintaining a relevant and harmonious community environment for all homeowners. As part of our ongoing commitment to convenience and innovation, we are thrilled to introduce a new digital tool that will streamline the paint selection process when it comes time to repaint your home. Through a user-friendly, online paint selection tool, the ColorSnap Visualizer Talega homeowners can now access a wide range of paint schemes and visualize them digitally from the comfort of their home, or even by phone. Discover how this exciting update will make selecting the perfect paint scheme easier than ever before.

## **EFFORTLESS PAINT SELECTION PROCESS:**

At Talega, the Architectural Standards help preserve a harmonious aesthetic throughout the community. However, we also understand that each homeowner has their unique taste and style preferences. To cater to these diverse needs, we have expanded our paint scheme options, providing an extensive range of colors and combinations to choose from for each neighborhood.

Accessing the digital tool is simple and convenient. With just a few clicks, you can experiment with different schemes that have been approved for your specific community. You can even upload photos of your home to visualize the chosen colors digitally. Simply visit [TalegaToday.com/architectural](http://TalegaToday.com/architectural) or scan the QR code below to get started. Paint scheme options are also available to view at the Talega Swim & Athletic Club.

## **PRESERVING COMMUNITY DESIGN AND VALUES:**

At Talega, we believe in fostering a cohesive aesthetic that enhances the overall appeal and value of our community. To maintain this harmony, we have a dedicated Design Review Committee that carefully reviews and approves home improvement applications, including paint color changes. This collaborative process ensures that your project aligns with Talega's Design Standards while allowing you the freedom to express your preferences. If homeowners are repainting their homes with the same color that is currently applied, approval is not necessary. The digital tool also provides access to the original paint scheme options (labeled Original Schemes) specifically designed for repainting with the same color.

By expanding our options and streamlining the application review process, we empower you to transform your home while preserving the community's cohesive aesthetic.

Ready to paint your home? Submit an application for your home improvement project through the Talega Homeowner Portal. Once reviewed and approved, your project can begin, bringing your vision to life! For more information and assistance, visit [TalegaToday.com/architectural](http://TalegaToday.com/architectural) or contact [arc@talegatoday.com](mailto:arc@talegatoday.com).



# POOL REMINDERS

As you gather for a fun-filled day at the pool, remember that each residence is permitted a maximum of five (5) guests per day at the pool facilities. Homeowners must be present with guests for the entire duration of the visit. All pools are open for recreational use, although the lap pools are designed for lap swimmers. Please do not hang on the lane lines or swim across in front of lap swimmers.

Flotation devices will continue to be limited to U.S. Coast Guard-approved life preservers (PFDII). A life preserver is defined as a flotation device which is marked "Coast Guard Approved." This is normally a vest style, available in a variety of sizes from infant to adult and may be purchased at many local sporting goods stores for about \$30.

For safety reasons, only the following water toys are permitted at the pool facilities: blow-up beach balls, diving rings and similar diving pool toys, plastic masks, and goggles. Foam noodles are not permitted as pieces of the Styrofoam may break apart and become lodged in the circulation system. This is costly to repair and could result in pool closures while equipment is repaired and/or replaced.

Boogie boards, pool floats, or inflatables of any kind are not permitted and are a safety issue.



**Red Flag:** Look for the red flag outside of each facility to indicate any pool closures due to unexpected reasons. You may also call the pool closure line at (949) 361-8466, ext. 105, for detailed information about the pools.

## Who Is Watching the Water?

Pool monitors are scheduled at all Talega pools this summer. The primary functions of the pool monitors are to ensure the safety and wellbeing of Talega residents and guests and to enforce the TMC policies. We maintain a **"SWIM AT YOUR OWN RISK"** policy—parents are responsible for watching their children at all times. Summer pool monitor service began in June and continues through September. Monitors are scheduled during the afternoon hours.

## Successful Prevention: Safety Breaks

Pool monitors will be enforcing safety breaks. A safety break is a designated time for adults and children to use the restroom, get some drinking water, and re-apply sunscreen. Safety breaks also help keep our pools open and accident-free longer. There will be a 10-minute safety break during every hour. Only lap swimmers and swim lessons are exempt from the safety breaks. As a reminder, all children must wear rubber pants over their swim diaper. Rubber pants are provided free to residents. Stop by the TSAC office or talk to a pool monitor to get yours.

## Swim Lessons

The Talega Maintenance Corporation annually approves instructors who swim services within the facilities maintained by the association. Once authorized, swim lessons may be provided to TALEGA MAINTENANCE ASSOCIATION RESIDENTS ONLY and must take place at the Talega Clubhouse pool. Swim lessons are not authorized at the Saluda or Tierra Grande Pools. Pictures of the authorized swim instructors for 2023 will be posted outside the pool gates. Please report unauthorized instructors to management at [lifestyle@talegatoday.com](mailto:lifestyle@talegatoday.com) or (949) 361-8466.

## Pool Gatherings

A gathering is defined as a planned or scheduled event or party with fellow Talega residents or guests utilizing the Talega facility as an outdoor venue.

As the weather heats up, planning a poolside gathering sounds like the perfect way to have fun in the sun. Pool gatherings are permitted only at the TSAC clubhouse location and requires a completed application. Pool gatherings can be scheduled Monday through Saturday from 9:00 a.m. to 5:00 p.m. There is a 24-guest maximum. For additional details, a copy of the application, or to schedule your gathering, please contact the on-site office at (949) 361-8466 or email [rilee.gallegos@fsresidential.com](mailto:rilee.gallegos@fsresidential.com) or [marcy.maulorico@fsresidential.com](mailto:marcy.maulorico@fsresidential.com).





## What Can Be Done to Prevent a Bite?

Of course, the best snakebite advice is to actively avoid getting bitten in the first place. This means staying alert to your surroundings and keeping a safe distance from a rattlesnake, should you spot one.

It is best to wear sturdy shoes and long, loose-fitting pants when exploring trails or rural properties. Hands, feet, and ankles are the most common place for rattlesnake bites.

Following some common sense rules can prevent most snake bites.

- Never go barefoot or wear sandals when walking in areas where you cannot clearly see where you are placing your feet. Wear hiking boots.
- Always stay on paths. Avoid tall grass, weeds, and heavy underbrush where snakes may be present.
- Always look for concealed snakes before picking up rocks, sticks, or wood.
- Always check carefully around stumps or logs before sitting.
- When climbing, always look before putting your hands in a new location. Snakes can climb walls, trees, and rocks and are frequently found at high altitudes.
- Never grab what appear to be sticks or branches while swimming—rattlesnakes are excellent swimmers.
- Baby rattlesnakes are venomous! They can, and do, bite. Leave them alone.
- Never hike alone. Always have a buddy to help in case of an emergency. Learn basic lifesaving skills.
- Never handle freshly-killed snakes. You may still be bitten.
- Never tease a snake to see how far it can strike. You can be several feet from the snake and still be within striking distance.
- Many rattlesnake bites occur when people tease or play with their "pet" rattlesnake.
- Teach children to respect snakes and to leave them alone. Curious children who pick up snakes are frequently bitten.
- Always give snakes the right of way!

### What should be done after a rattlesnake bite?

- Calm the victim.
- Transport the victim to the nearest emergency facility for further treatment.
- Phone ahead to notify the emergency facility that a snakebite victim is being brought in.

## MOSQUITOES

Talega has always been pro-active with mosquito control, and even more so over the last few years with the migration of the West Nile virus to Orange County. Talega's management works with the Orange County Mosquito and Vector Control District on a regular basis to review detention basins and other potential mosquito habitat and breeding areas.

Preventive measures that are employed by Talega are as follows: regular inspection of the storm drain retention basins which are stocked with Mosquito fish by the Orange County Mosquito and Vector Control District (OCMVCD); and the landscape contractors inspect the V-ditches for debris and standing water.

### What you can do:

These mosquitoes can live and complete their life cycle either indoors or outdoors. Eggs are laid along the waterline of any water-holding container such as: flower vases, plant saucers, buckets, used tires, and even plants that hold water like bamboo or bromeliads. Eggs can remain alive for years, and hatch into larvae when conditions are right.

An important part of mosquito control around your home is making sure that mosquitoes do not have a place to lay their eggs. Because mosquitoes need water for two stages of their life cycle, it is important to monitor standing water sources.

- Get rid of standing water in rain gutters, old tires, buckets, plastic covers, toys or any other container where mosquitoes can breed.
- Empty and change the water in birdbaths, fountains, wading pools, rain barrels and potted plant trays at least once a week to eliminate potential mosquito habitats.
- Drain temporary pools of water or fill with dirt.
- Keep swimming pool water treated and circulating.
- Do not keep water in buckets or root plant cuttings in water. Sharing plant cuttings can spread mosquito eggs.

Please report any standing water to Talega management by calling (949) 361-8466 or emailing [info@talegatoday.com](mailto:info@talegatoday.com).

Together let's keep Talega a "No Bite" zone.



## TALEGA RUN CLUB

**Jennifer Bright, (949) 441-1189**  
[talegarunclub@gmail.com](mailto:talegarunclub@gmail.com)

Join your local, family-friendly Talega Run Club every Saturday at 8:00 a.m. at Peet's Coffee in Talega.

Meet other new and avid runners for a 3- to 5-mile loop. All speeds and running levels are welcome and the club is always FREE to join. Drop in for an occasional group run or become a regular!

Photos from each weekend are posted on Facebook, Instagram @talegarunclub, and Strava, so join and follow us. Email your questions to [talegarunclub@gmail.com](mailto:talegarunclub@gmail.com).



## HANG LOOSE

**Kat Partma, (949) 538-6588**  
[kathypartma@aol.com](mailto:kathypartma@aol.com)

Hang Loose is a walking and social group for mature women. We welcome new faces. Come "walk and talk" with us and HANG LOOSE.

Every Monday and Wednesday at 9:00 a.m.

Local meeting locations vary. Please call or email for current schedule.

## TALEGA BOOK CLUB

**Sue Cody, (949) 939-9720**  
[jlucody@cox.net](mailto:jlucody@cox.net)

**Viv Shaw, (951) 313-1342**  
[vtsteach@cox.net](mailto:vtsteach@cox.net)

The Talega Book Club meets on the third Tuesday of the month at 4:00 p.m. at the TSAC Clubhouse fireplace room.

Please contact Sue Cody or Viv Shaw for upcoming book selections and additional information. Everyone is welcome!

## VOLLEYBALL SKILLS CLINIC

**Ali Loper, (310) 984-9584**  
[aliloper12@gmail.com](mailto:aliloper12@gmail.com)

### GROUP AND PRIVATE CLINICS

Join the fun and learn or improve your volleyball skills. Clinics are held at the sand court at TSAC. Fees are paid at the beginning of the month. During summer months, class times may change.

Contact the instructor directly for summer schedule.



## SINGERS COMPANY

**Erika Johnson, (949) 444-5239**  
[erika@singerscompany.com](mailto:erika@singerscompany.com)  
[www.talega.singerscompany.com](http://www.talega.singerscompany.com)

No classes during the summer. Fall Classes start on Monday, September 11, and a one-time registration increase from \$20 to \$25.



*Please note: All attendees of any sports or activities must be a Talega resident.*

## STRETCH. CORE. BALANCE.

Stacy Agosto, Instructor RYT-200, (949) 632-1176  
talegayoga@gmail.com  
www.talegayoga.com

This class is designed to strengthen muscles and core while improving endurance and flexibility. We will combine yoga poses with the use of an exercise ball and Yoga TuneUp balls. The exercise ball will help strengthen the core, lower back, and balance. The Yoga TuneUp balls will be used to relax the muscles and increase circulation. Students will learn techniques to improve posture, strengthen core, and relax.

Thursdays at 9:45 a.m.

June 8, 15, 22, and 29

\$15 per class

RSVP for class via email or text (5-student minimum; payment is due before session begins)

Items to bring: Yoga mat and strap, 2 blocks,

2 Yoga TuneUp balls (or handballs), and a 10" exercise ball

## NEW CLUB PILATES MAT CLASS

Kaitlyn Hurley, (949) 438-7443

sanclemente@clubpilates.com

1st and 3rd Wednesday of every month at 9:30 a.m.

Cost: \$10 per class

Introducing Mat Pilates with Club Pilates San Clemente. Join Club Pilates' comprehensively-certified instructors, Becky, Kaitlyn, and Sam for a bi-monthly mat class. Mat Pilates is a strengthening and lengthening form of exercise that focuses on your core muscles while also training your entire body. Mat Pilates is based on the original exercises Joseph Pilates developed to strengthen his own body and then used to rehabilitate wounded soldiers in WW1. This class will teach you the core principles of pilates while guiding you through a 50-minute, full body workout. Contact the studio via phone or email to sign up.

Benefits of Pilates:

- » Increased energy
- » Increased core strength
- » Better balance
- » Increased joint mobility
- » Decreased back pain



*Please note: If you have inquiries for registrations, class schedules, costs, etc., that go beyond what is listed for that specific program, please contact the instructor directly.*

## TALEGA TIGER SHARKS

Mary McLaughlin, Coach, (949) 293-5772  
swimtalega@gmail.com

Join the fun and improve your swimming skills with these swim camp classes. Group and private swim instructions are available.

Stop by the pool or visit us on Facebook to book a class or lesson that meets your swimming goals.

This is the perfect class to prepare for Jr. Guards, surf camp, and summer swim team. Participants must be able to swim independently. Designed to increase overall fitness and confidence in the water.

Registration and fees are taken in-person on the first day of class.

### JULY SWIM CAMP:

Looking for something exciting for the kids to do? Become stronger swimmers? Get out of the house? Get some exercise? Come join SWIM CAMP!

July 10-13, July 17-20, July 24-27

**Days:** Monday - Thursday

**Time:** 10:30 a.m. - 11:15 a.m.

**Where:** Saluda Pool (Above Liberty Park)

**Who:** Ages 4 years and up. MUST be water safe. **This is not a learn to swim class.**

**How:** Text Coach Mary McLaughlin at (949) 293-5772 to register today.

### SWIM CONDITION CLASS:

August 28 - October 5

October 9 - November 16

Swim Condition Class is offered Monday/Wednesday OR Tuesday/Thursday from 4:00 p.m. to 5:00 p.m. at Saluda Pool.

This class is for swimmers 6 years and older that are able to swim Freestyle and Backstroke for 25 yards unassisted. This is **not** a learn to swim class. Space is limited and registration will be taken on a first-come, first-serve basis.

Contact Coach Mary McLaughlin for registration dates or visit our Instagram Page for updates @TalegaTigerSharks.

Questions regarding the Talega Swim Program?

Contact Coach Mary McLaughlin at (949) 293-5772.



**TLC**  
TALEGA LIFESTYLE CORPORATION

**TMC**  
TALEGA MAINTENANCE CORPORATION

100 CALLE ALTEA  
SAN CLEMENTE, CA 92673



Keep up to date with all the happenings in Talega from news, projects, and events by visiting the community website.

[TalegaToday.com](http://TalegaToday.com)

THANK YOU TO ALL OUR VENDORS AND VOLUNTEERS WHO MAKE TALEGA LIFESTYLE CORPORATION'S EVENTS POSSIBLE!



*Thank You*